

# **TECHNICAL SEMINAR – KIPF 2024**

**Welcome to Discussion  
on**

# **Importance of Gut Health Management**



**YouTube**

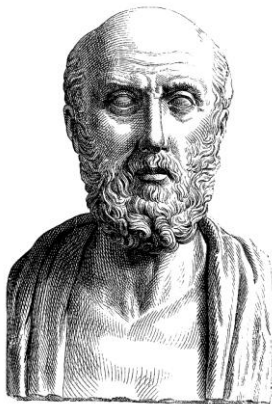
**PoultryTroubleshooter\_BDutta** [www.drbcdutta.com](http://www.drbcdutta.com)

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## **Why Gut Health Management?**



**Hippocrates**  
Greek Physician &  
Father of Medicine

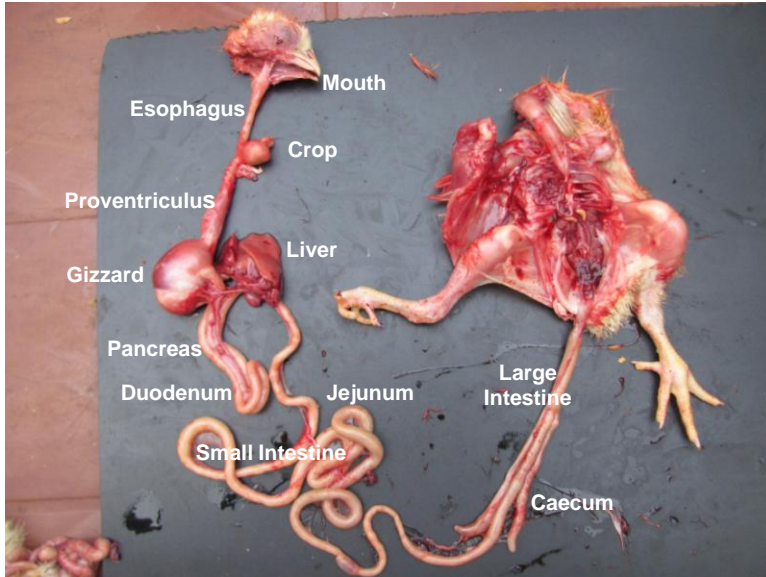
# **All Disease begins in the Gut**

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## What is a Gut?



The Gut;  
Gastro-Intestinal Tract (GIT)  
or  
Digestive System

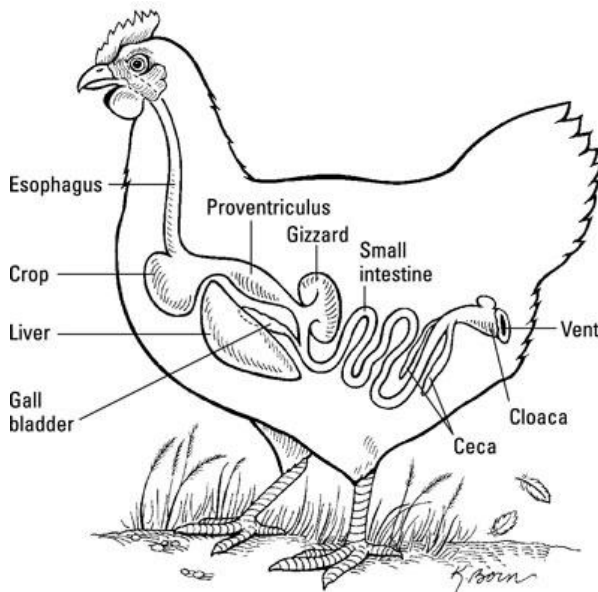
GUT is the Biggest Organ surface exposed to foreign materials including Feed, Water, Toxins, Microbes which are delivered straight into it after ingestion

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## What is the Functions of the Gut?



Responsible for  
Digestion &  
Absorption of all  
feed Nutrients

Its ability to  
function is  
directly linked to  
Poultry Health &  
Performance

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## What is the Functions of the Gut?

Transit Time of Feed Particle in Poultry GIT		
SEGMENT	pH	Transit Time (Minutes)
Crop	5.5	10 – 50
Proventriculus/ Gizzard	2.5 – 3.5	30 – 90
Duodenum	5.0 – 6.0	5 – 10
Jejunum	6.5 – 7.0	20 – 30
Ileum	7.0 – 7.5	50 – 70
Caecum/Colon/Cloaca	6.9 – 8.0	20 – 30

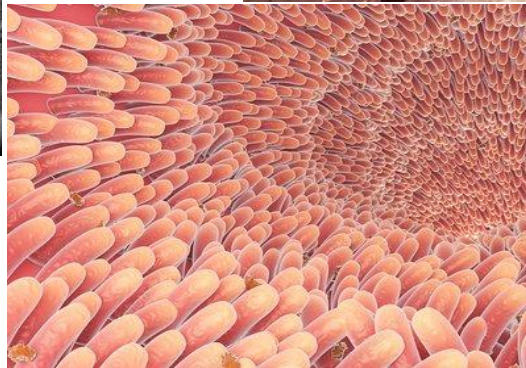
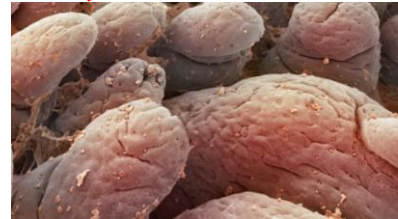
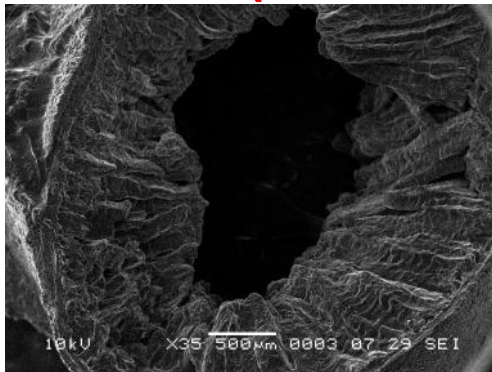
- Digestion & Absorption of all feed ingredients
- The 1st Barrier to any unwanted substances; prevents entry of any Microorganism, if remain Healthy
- The biggest Immune organ in chicken's body; almost 70%

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## GUT (Small Intestine) SURFACE; the Villi

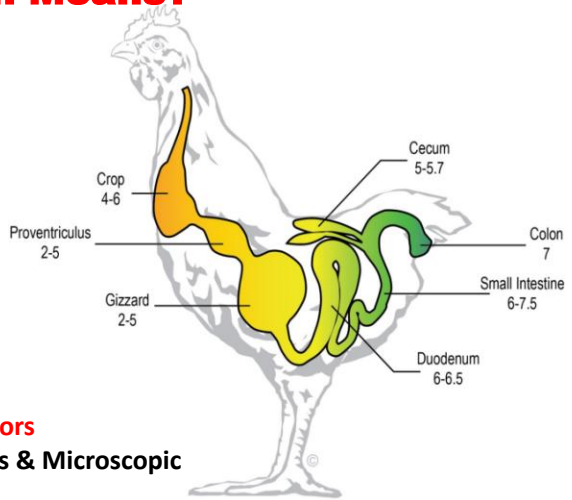
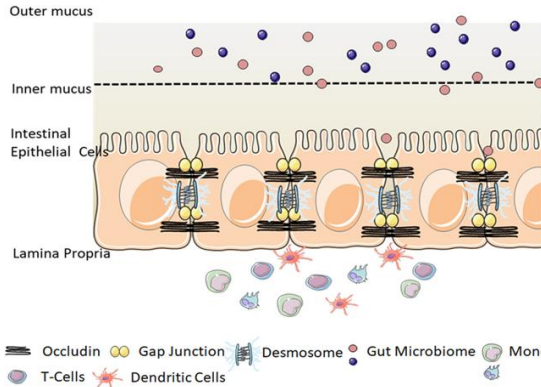


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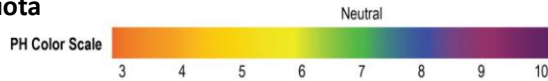
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## Gut Health Means?



### Gut Health means Interconnection of these 5 factors

- Good Structural Integrity of the Intestine; Gross & Microscopic
- Normalcy of Intestinal Mucus Layer
- Healthy balance & Diversity of Gut Microbiota
- Intact Tight Junction
- Healthy Status of Gut Immune System



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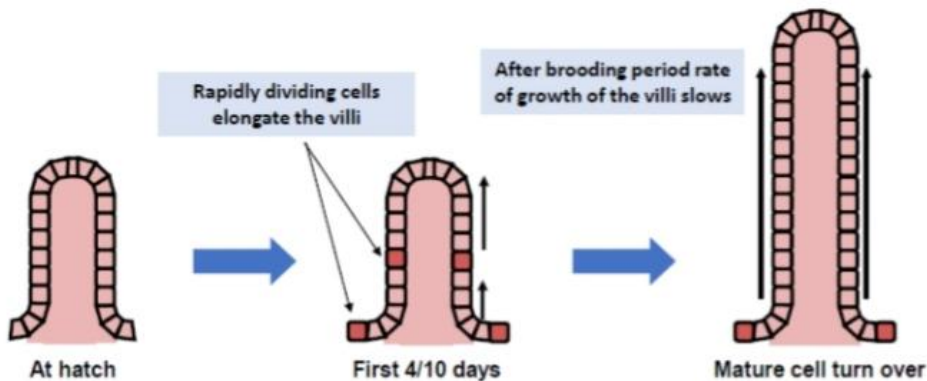
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## Gut Development

### Incubation & Brooding plays important role in the development of Villi

- Gut development starts in embryonic stage
- Growth depends on presence of Feed in the gut following birth
- Growth stimulated by helpful intestinal bacteria
- Growth inhibited by Stress



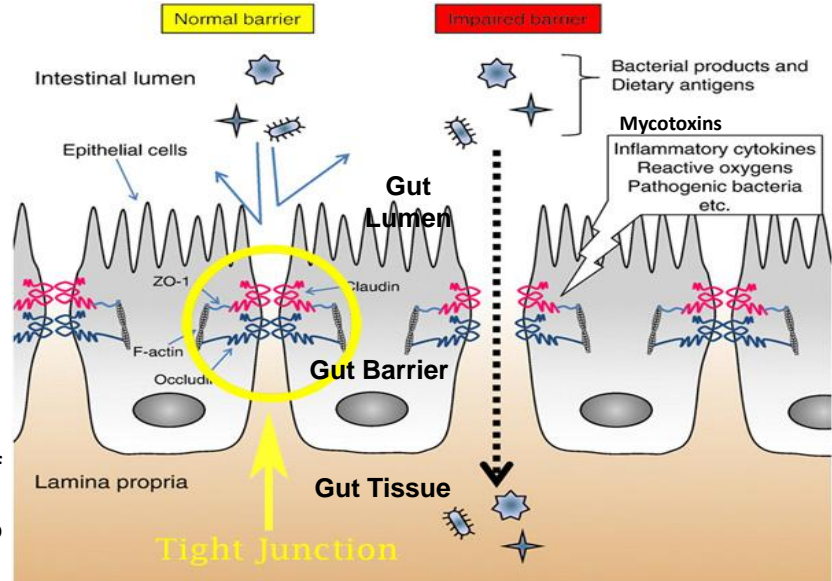
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## The Gut Barrier (1<sup>st</sup> Line of Defence)

- The Gut Barrier is the mucus and a layer of epithelial cells with Tight Junctions
- Tight junction strengthen this barrier & prevents entry of pathogens into the body
- Maintaining the Gut barrier is essential for Optimal Gut Health, failure results entry of pathogens into the gut tissues & finally to blood



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## Unhealthy Gut or Poor Gut Health

### 1. Normal function of Gut disturbed

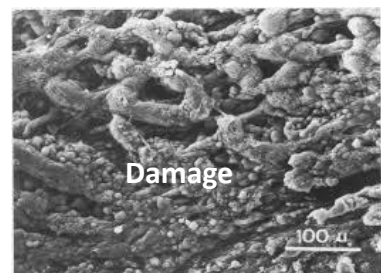
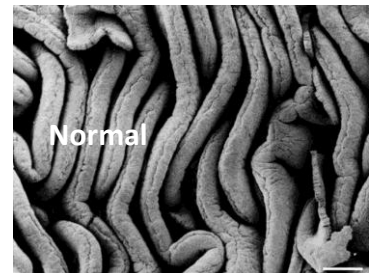
- Improper Digestion leading to Feed passage
- Poor Body Weight & FCR in Broiler
- Poor Vit D absorption affect Calcium & Phosphorus utilization resulting Lameness in Broiler
- Poor Vit D absorption and Ca & P utilization cause reduced Egg production with Size & Shell abnormalities in Layer & Breeder

### 2. Development & Immune function of GALT disturbed

- Immuno-suppression, Immediate Infection by existing microbes
- Permanent Immunity Compromise leading to Vaccine Failure & Viral Infections later

### 3. Failure of Gut Barrier as 1<sup>st</sup> Line of Defense

- Leaky Gut, Nutrients passing to hind Gut
- Growth of opportunistic microorganisms like *Clostridium* to produce Necrotic Enteritis
- Commensal bacteria like *E coli* flourishes producing Enteritis & Joint infections with Lameness
- Risk of many more bacterial & Viral infections like ND, Bird Flu



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## Factors Effecting Gut Health

- **INCUBATION:** Temperature control in Hatchery Incubator affects Gut development
- **BROODING:** Chick level Temperature, early & easy access to Feed & Water
- **STRESS/ WELFARE:** Stocking Density, Temperature, Ventilation
- **WATER QUALITY:** pH, Hardness (specially Fe), contaminations
- **FEED:** Feed form, Access to Feed, Feed Changes, MYCOTOXIN
- **NUTRITION:** Feed component, Particle size, Micronutrients, Enzymes, Anti-Nutritional factors like NSP



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## Factors Effecting Gut Health

- **LITTER:** Moisture%, Ammonia
- **HEALTH INTERVENTION:** AGP, Therapeutic Antibiotic, Vaccination, Prebiotic, Probiotic
- **INFECTIONS:** Bacterial, Viral, Parasitic
- **GUT MICROBIOTA:** No of Species, Populations, Balance between Commensal & pathogenic, Competitive exclusions, etc
- **BIOSECURITY:** Hygiene, Sanitation



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## Incubation and Brooding Effect on Gut Health



Hatchery Temperature control directly affect the length of Villi & depth of crypts, specially in Single Stage machine which finally impact poultry performance

Early & easy access of Feed & water helps developments of intestine, which is directly related to brooding efficiency; Temperature, Ventilation, Space & Lighting



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## Impact of Stress on Gut Health

Stress may be

- **Managemental** (Stocking Density, Handling, Debeaking, Vaccination, Transfer, Peak Laying)
- **Environmental** (Temperature, Humidity, Litter Ammonia) factors. Heat Stress is major one
- **Nutritional** (Feed & Water quality)
- **Disease Stress**
- **Oxidative Stress** is downstream of all these stresses



Stress can cause Immuno-suppression

- Impact Immunity Development and Increases susceptibility to infections
- Stresses negatively impact health & production
- Stress Hormones released in the gut may stimulate growth & activity of many pathogenic bacteria like, E coli, Salmonella, Strepto & Staphylococci

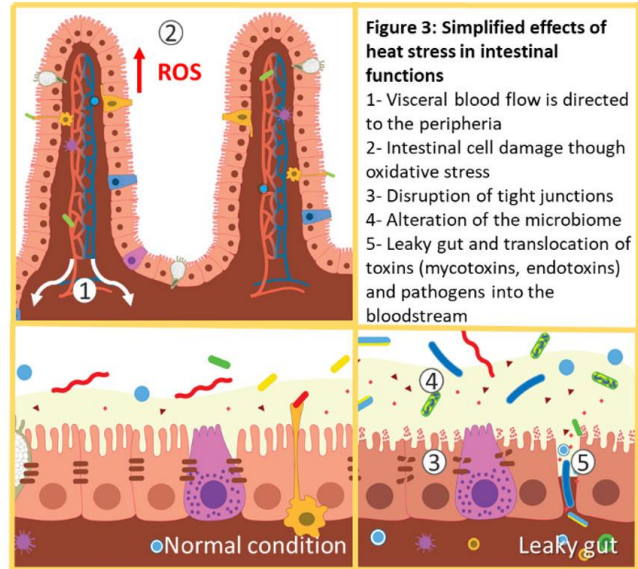
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## Impact of Stress on Gut Health

- **Oxidative Stress** in the cells/tissues results from an imbalance between free radical production & endogenous antioxidant defense and leads to lipid peroxidation, protein nitration, DNA damage, and Apoptosis (Cell Death)
- Excessive production of ROS (Reactive Oxygen Species) and RNS (Reactive Nitrogen Species) or their inefficient scavenging leads to Oxidative Stress



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## Impact of Heat Stress & Ventilation on Gut Health

- Under Heat Stress in Open farm > Broiler/Layer/Breeder > Water Intake increases
- Poor Temp/Ventilation Control or Wet Litter with Ammonia in EC Shed > Excess Water Intake
  - Excess water dilutes Nutrients in the intestine causing mal-absorption & passage of nutrients in to hind gut
  - Small Intestine pH changes towards alkaline with undigested frothy feed solution
- Opportunistic Organism like *Clostridium* gets the necessary nutrients for growth & multiplication at hind gut and starts moving upwards towards small Intestine to produce Necrotic Enteritis
- Commensal bacteria like *E coli* become pathogenic and start producing Endotoxin causing disease



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## Impact of Heat Stress & Ventilation on Gut Health

- Leaky Gut > microorganisms to enter blood system to produce disease
- Symptoms are Dysbacteriosis, Enteritis, Feed Passage, Wet Litter, Litter Ammonia, Poor Body Wt, Reduced Egg No & Egg size and Egg Shell Deformities



- The birds will be dehydrated, consume more water and the cycle will repeat to aggravate the situation
- Heat Stress & Gut Health is a vicious cycle; no respite to come out, only comfort environment is the answer

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## Drinking Water Quality & Gut Health

- Water is major component of blood; transportation nutrients & O<sub>2</sub> to the cells
- Essential for Digestion, absorption of Nutrients
- Water is essential for Gut health



### Water Quality Parameters affect Gut health

- Contamination; Chemical or Microbial
- Mineral contents like Fe, Ca, Mg of which Fe is very important if excess > TDS or Hardness
- pH of water influence physiology of the gut and activity of bacteria. Acidic pH inhibits growth of harmful bacteria

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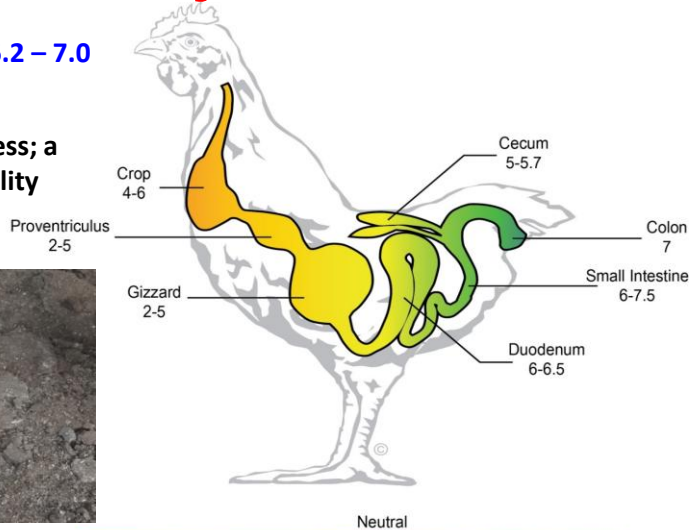
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## Drinking Water Quality & Gut Health

**Need Drinking Water pH between 6.2 – 7.0  
& TDS 100 - 150**

**Chicken became less tolerant to stress; a significant one is poor water quality**



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## Feed, Feed Management on Gut Health

- **FEED FORM:** Pellet, Crumb or Mash
- **ACCESS to Feed**
- **Feeding Management at farm**
- **Feed Changes**
- **FEED STORAGE:** System, Time
- **Mycotoxin, even suboptimal level**
- **FEED COMPONENT:** source of ME & CP globally varies widely besides Corn & Soya
  - **Particle Size** – Dusty feed is all the problem
  - **Micronutrients** like Vitamins,
  - **Enzymes** to enhance feed utilization
  - **Anti-Nutritional factors (NSP)**



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## Feed Management on Gut Health

**Feed Form & Particle Size** is Important for Gizzard Function & Subsequent Gut health

- In Gizzard Feed particle is broken to small parts & selective passage to duodenum continues for digestion considering particle size
- Feed is mixed with Acid and Pepsin in gizzard which breaks protein into Peptides for absorption in small intestine



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**Small Feed particle size or Dusty Mash feed** stays less time in gizzard leading to

- Inefficient Peptide Preparation
- More protein reaches hind gut for microbes
- Increased Gut viscosity leading to improper digestion
- Poor absorption, poor body weight gain & FCR



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## Feed Management on Gut Health

### FEED STORAGE

- Feed bags must be stacked with a gap of 1 feet from the walls
- Feed bags to be stacked with a gap of 1 ft from the ground using wooden pallets
- First in First out (FIFO) system for feed distribution



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## Feed Mismanagement on Gut Health



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## Mycotoxins and Gut Health

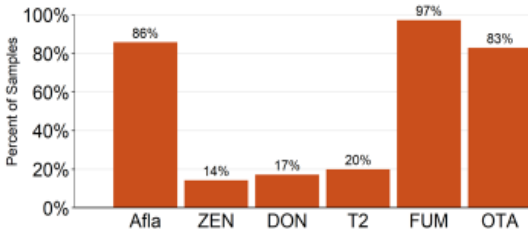
India Finished Feed Jan 2020 to Mar 2020

Total Risk Level: 97%*	Afla	ZEN	DON	T2	FUM	OTA
Number of samples tested	35	35	35	35	35	35
% Contaminated samples	86%	14%	17%	20%	97%	83%
% Above risk threshold	86%	9%	17%	0%	57%	37%
Average of positive (ppb)	84	100	385	30	889	14
Median of positive (ppb)	26	87	380	32	559	9
Maximum (ppb)	1252	261	480	37	4939	43

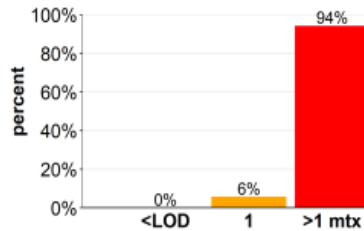


All 3 commonly found Mycotoxins; Aflatoxin B1, Fumonisin B1 & Ochratoxin A severely affects Gut Health

Prevalence of Mycotoxins Detected



No. of Mycotoxins per Sample

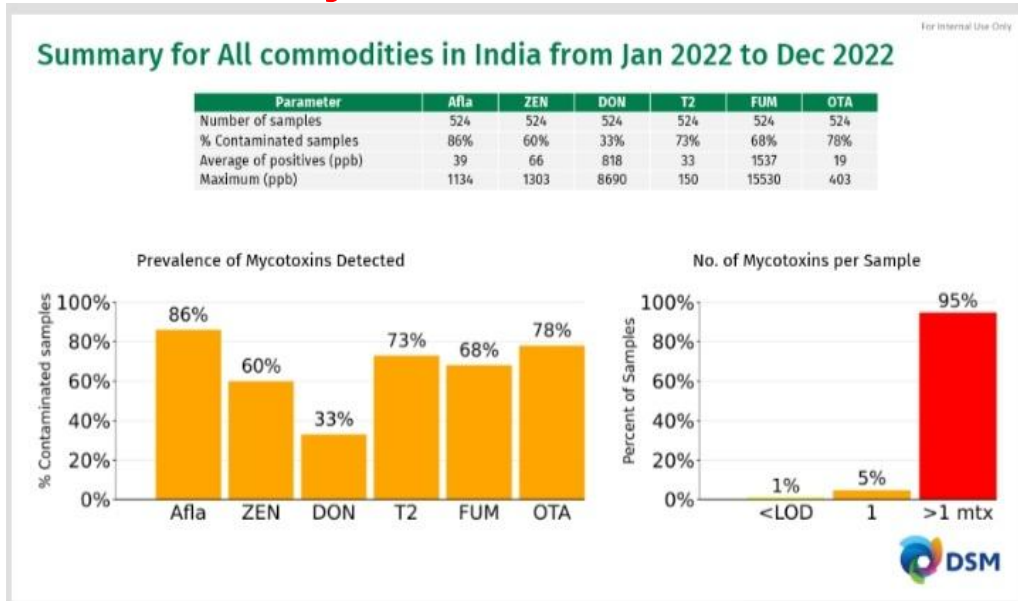


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## Mycotoxins & Gut Health



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## Mycotoxins and Gut Health

**Aflatoxin B1** is very common in Maize, Soya & other ingredients and in Finished Feed.

- **AFB1** causes enlargement & damage of Liver includes Necropsy & Fatty Liver resulting Malabsorption due to reduction of Bile Salts production
- **AFB1** damages the Tight Junction Integrity of Intestinal Epithelial cells resulting leakage of nutrients & facilitates entry of pathogen through damaged mucosa
- **Fumonisin B1** affects proliferation of Intestinal Epithelial cell, reduces villi height & crypt surfaces; thus affects the normal atmosphere of intestinal epithelium and intestinal microbial homeostasis resulting increase incidence of NE & Coccidiosis.
- Reduced functional activity of intestine results nutrient leakage & Enteritis
- **Ochratoxin A** impacts Tight Junction Integrity
- **OTA** also damage intestinal mucosa affects digestive functions
- **T2 Toxins** disturbs Intestinal epithelial cell proliferation, Mucous production & Immunoglobulin production; thus affects Intestinal health & nutrient utilization
- **DON** impaired Nutrient absorption
- It affect Tight Junction Integrity of Intestinal epithelial cell

**Loose Dropping & Feed passage is almost common in Poultry Farms Now a Days**

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## Infections & Gut Health

- Gut health remain under pressure from both Clinical & Subclinical Infections at any age
- Infections may be Bacterial, Viral or Parasitic
- Mortality may not be high but Performance always Poor due to reduced feed utilization

**Bacterial Infections** are Necrotic Enteritis (*Clostridium perfringens*), *E coli*, Salmonella, Staphylococcus, Campylobacter



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## Infections & Gut Health

**Viral Infections** affects gut health are IB, IBH, ND, LPAI, IBD, REO etc



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## Infections & Gut Health

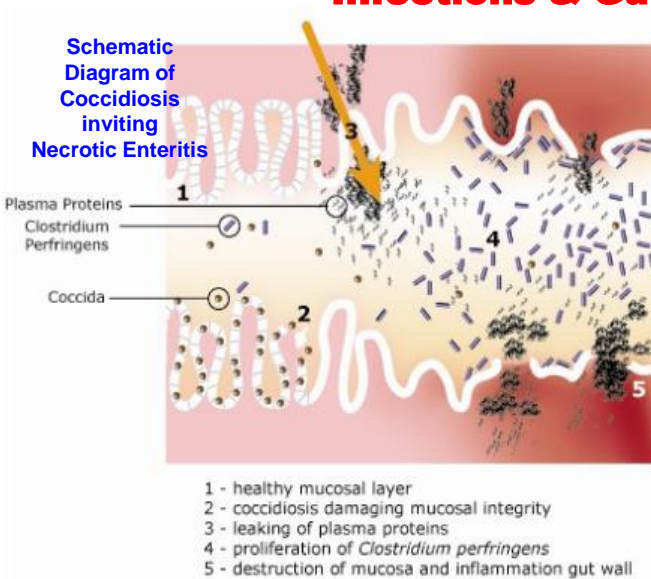


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## Infections & Gut Health



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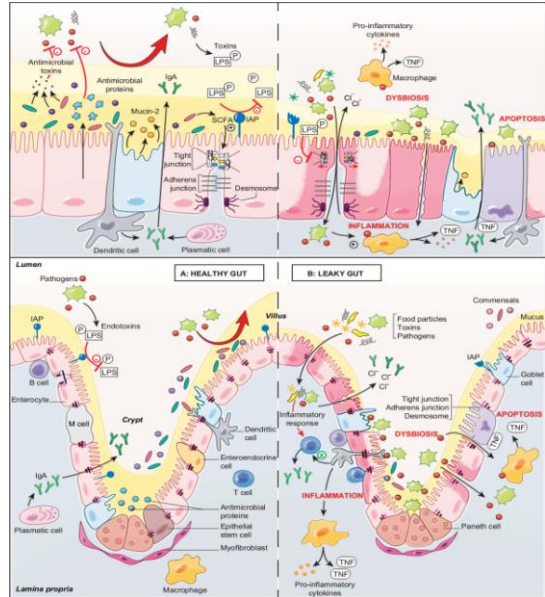
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- **Coccidiosis & Necrotic Enteritis** are most common & economically important poultry Intestinal diseases
- Eradication of Coccidiosis is impossible and Coccidiosis invites Necrotic Enteritis
- Clostridium is natural habitat of hind gut which multiplies & moves forward when excess Nitrogen reaches hind gut due to poor protein digestion /absorption and/or due to mucosal damage by Coccidiosis or Mycotoxin or Oxidative Stress leading to passage of dead cell protein
- **Clostridium causes Necrosis of Intestinal mucosa (NE), severely affecting nutrient utilization resulting Poor Performance**

## Infections & Gut Health

- **Lipopolysaccharide (LPS)**, an Endotoxin secreted by Avian Pathogenic E coli (APEC)
- This LPS increases intestinal permeability, enters systemic circulation and alter intestinal structure & function, resulting in impaired absorption & utilization of nutrients with negative impact on both health and growth
- Acute exposure to large amounts of LPS suppresses feed intake in chickens and activation of the innate immune system; promotes the synthesis of pro-inflammatory cytokines and induces oxidative stress in broiler chicken.



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## Infections of Gut & Performance Changes

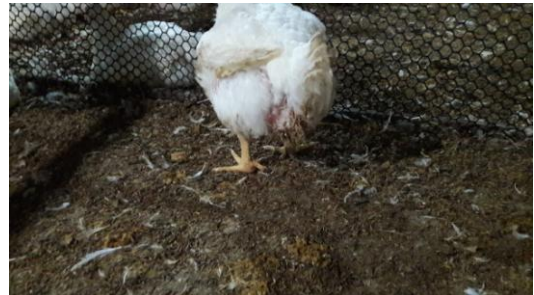


### Climate Control Farm Performance, Thailand

		Auanglong Farm, Nakhonratchasima		Integrator: Thai Food					
		Breed: Arbor Acre		Normal Performance					
Hatch Dt	SEX	Chicks	Mort%	Av Wt	FCR	M Age	D Gain	EEF	C FCR
07-Jul-17	Male	22,000	2.35	3.050	1.610	41.00	74.39	451	1.347
	Female	24,000	2.08	2.820	1.620	42.00	67.14	406	1.415
As Hatch		46,000	2.21	2.930	1.615	41.52	70.56	427	1.382

### Same Farm next flock Performance Deviation due to Poor Gut Health

		Auanglong Farm, Nakhonratchasima		Integrator: Thai Food					
		Breed: Arbor Acre		Poor Female Shed Performance					
Hatch Dt	SEX	Chicks	Mort%	Av Wt	FCR	M Age	D Gain	EEF	C FCR
13-Sep-17	Male	22,500	2.16	3.210	1.660	41.00	78.29	461	1.357
	Female	24,500	4.54	2.780	1.810	42.00	66.19	349	1.615
As Hatch		47,000	3.4	2.989	1.732	41.52	71.99	402	1.485



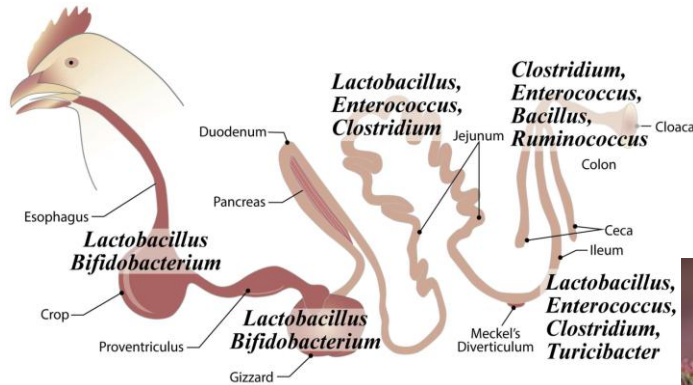
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## Intestinal Microbiota & Gut Health



- Large community of Microorganism lives in the gut
- 700 – 800 species & Trillions in no made the Gut Microbiota – both favourable & unfavourable



1. Healthy Microflora releases Organic acids and makes the gut unfavorable to harmful microbes
2. Occupy the receptors of lining cells and minimizes adhesion & colonization the harmful bacteria (Competitive Exclusion)

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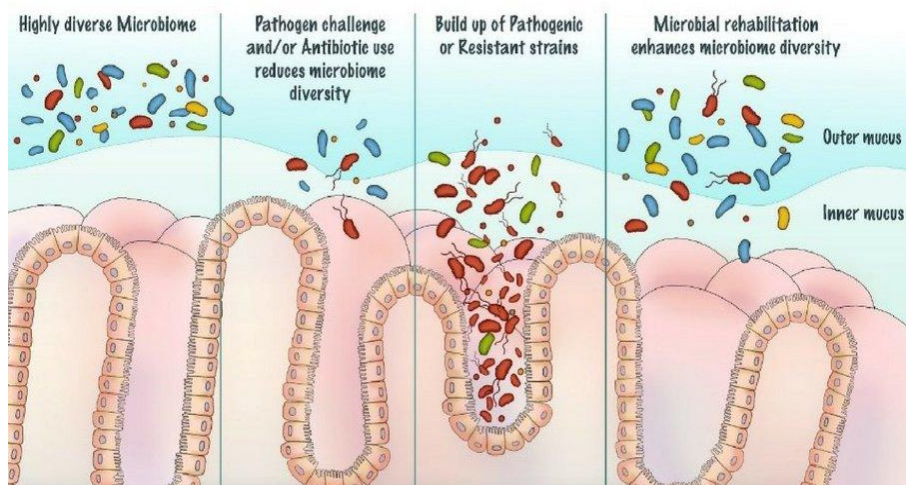
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## Intestinal Microbiota & Gut Health

*Healthy Microbiota being compromised & gradually changed species & populations*

3. Releases Antibacterial Bacteriosins to inhibit growth of harmful bacteria
4. Stimulation & Development of gut associated Immune system (GALT)
5. Produces nutrients by fermentation of undigestible plant fibers



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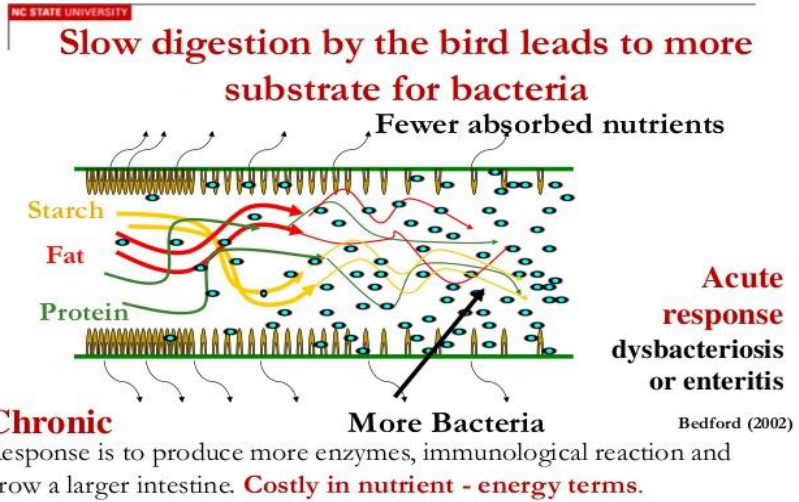
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## Impact of Gut Health Compromise

### Deviation in Microbiota results Mal-absorption

- Poor absorption of Fat, Protein & Carbohydrate
- **More Fat, Protein & Sugar available at hind gut; Caeca**
- More nutrients available for microbes like *Clostridium*



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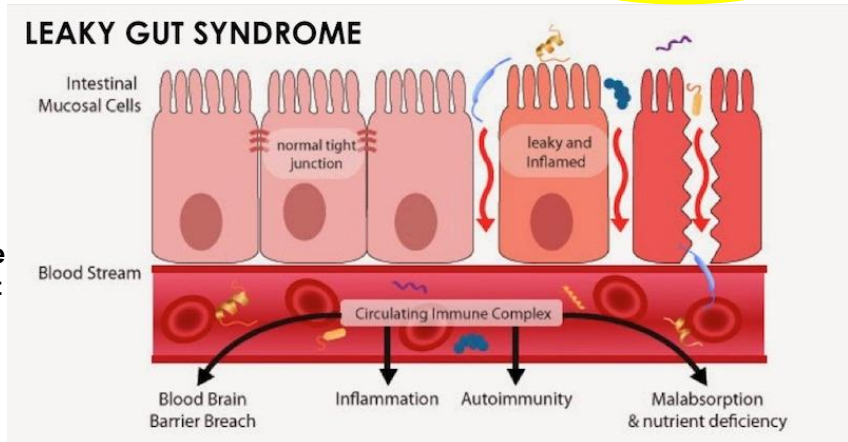
## Effect of Gut Health Compromise

### Unwanted Microbial Overgrowth

- Excess Production of Toxic gas like CO<sub>2</sub>, NH<sub>3</sub> & H<sub>2</sub>S
- Production of Toxic Chemical (Amines); irritates gut & reduced body growth
- Inactivation of Bile acid impacting Fat absorption
- Immune reaction leading to Leaky Gut

This leads to further disruption & damage of Intestinal mucosa leading to many more infections

This is called Dysbacteriosis



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## Impact of Gut Health Compromise > Farm Pictures

- Poor Gut Health Management cause Enteritis, diarrhoea & Pasty Vent condition in chicks
- Continuation of the problem cause mal-absorption leads to undigested protein in hind gut resulting Necrotic Enteritis
- Maggot development is a common outcome of persistent NE in broiler



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## Poor Gut Health Impact on Layer & Breeder

### Poor Gut health reduce Nutrient absorption

- Poor growth, Poor Egg Wt & Egg production and Egg Shell Deformity
- Poor flock Uniformity
- Reduced antibody accumulation in Hatching Eggs leading to low MAb Titer chicks
- More nutrient to hind gut results bacterial overgrowth



### Poor gut integrity results Entry of microbes in bloodstream

- Peritonitis
- Infectious joint disease

### Microbial Imbalance in Gut may effect Egg

- During lay when egg passes through the cloaca, it may come in contact with the bacteria present there
- These bacteria may enters the egg and impact the embryo & chicks



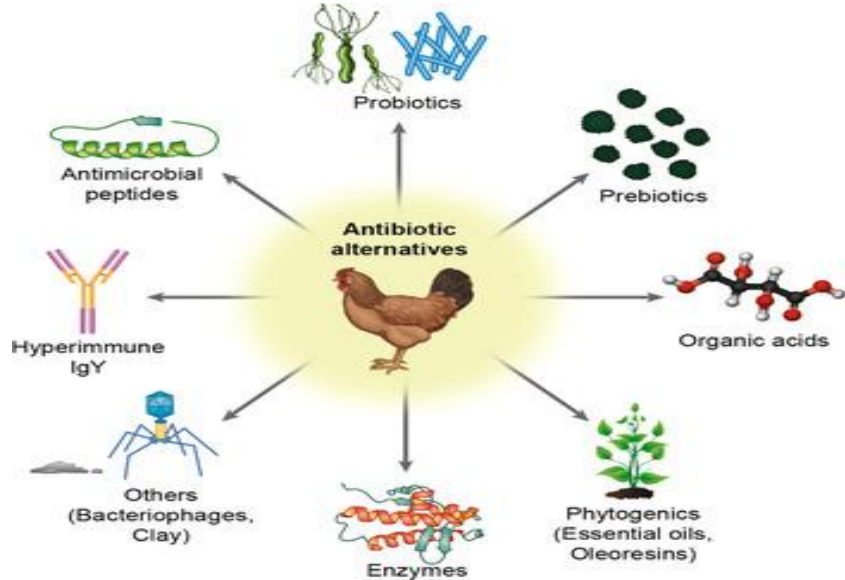
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## Gut Health Management Strategies

- Alternative to Antibiotics  
OR  
Alternative Strategies
- Therapeutic VS Prophylactic
- Tailor made Program from Farm to Farm  
OR  
Area to area



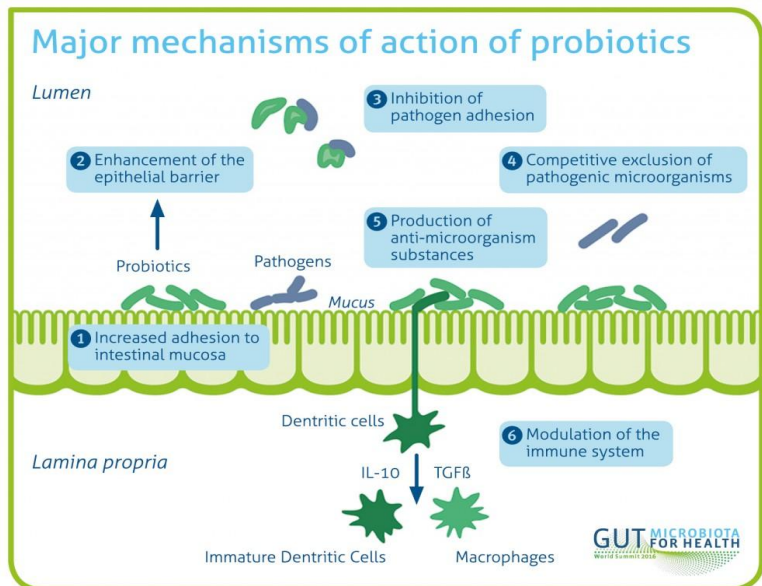
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## Role of Probiotic on Gut Health

- Lactic acid bacteria like **Lactobacillus** are the first Microorganisms to colonize the GIT of newly hatched chicks
- Lactobacillus dominate the upper GIT; Crop, gizzard & duodenum, but also in middle & lower gut
- **Bifidobacterium** also present in upper GIT
- **Enterococcus** & **Clostridium** are present in middle & lower GIT
- **Ruminococcus** & **Bacillus** are present in lower gut

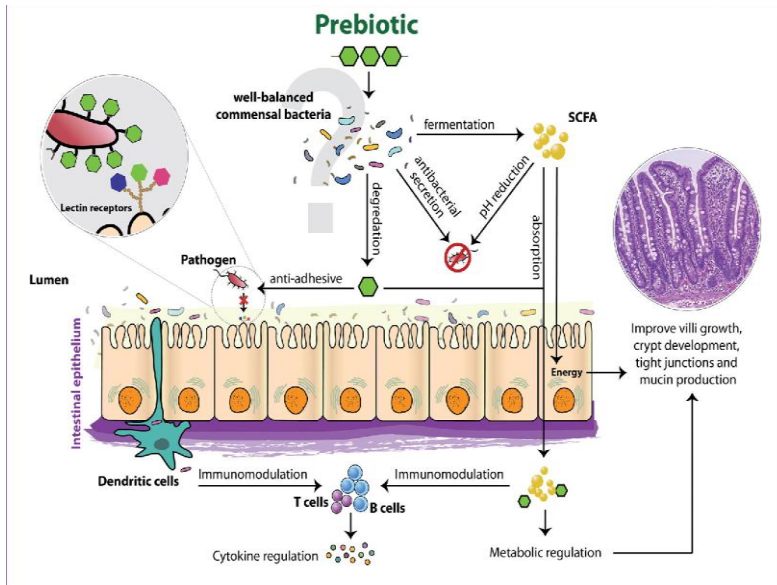


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## Role of Prebiotic on Gut Health



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- Prebiotics are non-digestible feed ingredients that are metabolized by intestinal microbiota and provide health benefits for the host.
- Fermentable oligosaccharides are best prebiotics in poultry e.g. **Fructooligosaccharides (FOS)** & **Mannanligosaccharides (MOS)**
- They act through diverse mechanisms, such as providing nutrients, preventing pathogen adhesion to host cells, interacting with host immune systems and affecting gut morphological structure, all presumably through **modulation of intestinal microbiota**

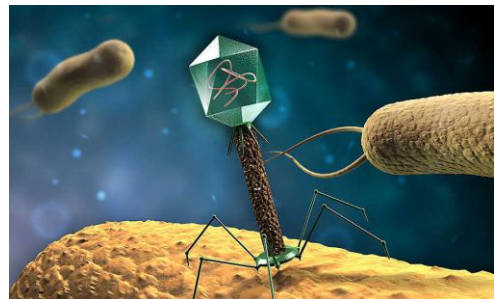
## Other Gut Health Promoting Products

### Organic Acids reduces pH of GIT

- Reduce gut pH which is always under threat from ingestion of feed & poor quality water
- Makes the Gut unfavourable for the pathogenic bacteria for adhesion & colonization
- Increases Villi length & crypts depth and thus improves digestion & absorption capacity
- Improves digestion of amino acids & plant Fibers

### Phytogenic Extracts or Phytobiotics

- Include Saponins, Flavonoids & Essential Oils; acts on bacterial cell wall & **inhibits growth of harmful bacteria**
- Stimulates digestive secretion & improves feed intake
- Stimulates specific immune response
- **Antioxidant properties**
- Reduce Ammonia



### Bacteriophages

- **Bacteriophages are viruses that can infect and kill bacteria** and going to be a good replacement of antibiotics against E coli, Salmonella, Compylobactor, Clostridium, etc.
- Bacteriophages are very specific and hence more than one phage might be needed to eliminate different strains of the same pathogen. A possible solution is the application of selected phage cocktails containing multiple bacteriophages.

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## Butyrate on Gut Health

- **Direct Bactericidal Action:** After sodium butyrate is converted to butyric acid, it has the ability to enter the bacterial cell wall mainly through diffusion (Clark and Cronan, [1996](#)) which causes toxicity inside the bacterial cell (Warnecke and Gill, [2005](#)), the reduction in the cytoplasmic pH of the bacterial cell (Choi *et al.*, [2000](#)) leading to the death of bacteria
- **Indirect Bactericidal Action:** It lowers the pH of intestine that favors the growth of lactic acid producing bacteria such as *Lactobacilli* and *Bifidobacteria spp* which stops growth, adhesion & multiplication of Harmful bacteria in the gut by competitive Exclusion & through releasing bactericidal chemical bacteriocin
- **Gut Morphology:** As sodium butyrate is converted to butyric acid after ingestion, it is preferably absorbed by enterocytes as a source of energy (Mahdavi and Toriki, [2009](#)). It accelerates the growth of enterocytes and villus elongation that results in increased villi height and deeper crypts.

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## Early Detection of Gut Health Issues



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## Regular Gut Health Scoring



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## Regular Gut Health Scoring

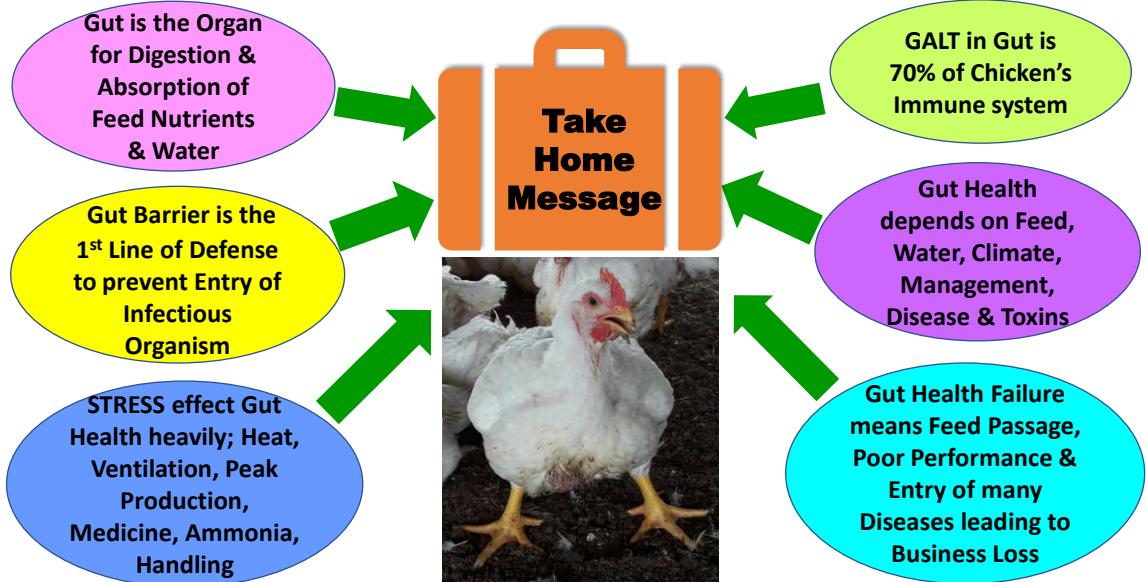


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# Importance of Gut Health management

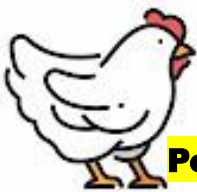


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# Thank You



## YouTube

[PoultryTroubleshooter\\_BDutta](https://www.youtube.com/PoultryTroubleshooter_BDutta)

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